

Recipes



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Stuffed Trout

**MIX CHOPPED SHRIMP WITH SOME BREAD CRUMBS,
SEASON WITH TARRAGON, CELERY AND ONION. PLACE
MIXTURE ON TOP OF TROUT AND BAKE AT 375 FOR 20
MINUTES. CHECK FOR DONENESS, SQUEEZE A LITTLE
FRESH LEMON JUICE AND COOK 5 MINUTES MORE IF
NECESSARY.**



AS Seen on KMID
COOKING DEMO 8-20-02

