

Recipes

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Salad Wedge

OLD SCHOOL SALAD DAYS. THE OLD WEDGE ON A PLATE COVERED WITH BLUE CHEESE DRESSING WAS A STAPLE UP NORTH FOR YEARS, I LIKE TO MAKE A LITTLE LOUIE SAUCE WITH MAYO AND KETCHUP AND LEMON, KID'S LIKE IT BETTER. PUT A LITTLE COTTAGE CHEESE, SHRIMP AND AVACADO AROUND THE PLATE AND YOU HAVE A GREAT SALAD TO BE SHARED WITH THE FAMILY OR A LIGHT DINNER.



AS Seen on KMID

COOKING DEMO 8-20-02

