

Recipes

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Pepper Salad

MAKE A BED OF FRESH GREENS, YOUR CHOICE OF BLENDS. JULIENNE CUT NICE AND THIN SOME YELLOW, GREEN AND JALAPENO PEPPERS. SCATTER ALONG THE TOP OF THE SALAD. GRILL SOME BREAST OF CHICKEN AND PLACE HOT OR COLD ON TOP OF SALAD. COVER WITH YOUR FAVORITE DRESSING. I LIKE RANCH TO COUNTER THE PEPPERS.



AS Seen on KMID
COOKING DEMO 8-20-02

